



**CALM WATERS**

Center for Children and Families

## Buy the OFFICIAL Calm Waters Kendra Scott Earrings | Friday, July 26



KENDRA SCOTT



Friends, join us next Friday, July 26, at the [Kendra Scott on Classen Curve](#) to support Calm Waters through your jewelry purchases! Calm Waters will receive 20% of each July 26 purchase made between 5-7 p.m. and the first 10 shoppers will receive a complimentary Calm Waters t-shirt.

Show your Calm Waters pride during this Kendra Gives Back event by taking home a pair of the official Calm Waters Kendra Scott earrings—a golden Danielle with a cobalt cat's eye stone! (The Elle and Alex styles with a cobalt cat's eye are also *official*.)

RSVP to our Kendra Gives Back event!

## Calm Waters Recently Awarded 3 Grants Totaling \$104,000

Calm Waters was recently awarded a total of \$104,000 in grant funding from the United Way of Central Oklahoma, the

## Kirkpatrick Family Fund and New York Life!

- United Way of Central Oklahoma - \$74,000
- Kirkpatrick Family Fund - \$15,000
- New York Life Foundation Community Impact Grant - \$15,000



These three generous gifts will allow almost 700 families to receive our services for **FREE**, and we are deeply grateful to be the recipients of these grantor's generosity, trust and support.

[Make a Donation Today](#)

## Now Accepting Applications for Grief Group Facilitators



We are now accepting applications for Grief Group facilitators.

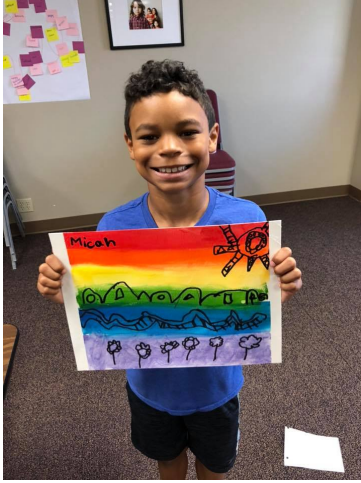
This position facilitates a small grief group at Calm Waters for 2 hours every other Monday or Thursday in either a support group with children, ages 3-18 or adults. This role does count toward many practicum

hour and college volunteer requirements. Must be 18-years-old, pass a background check and agree to a 6-month commitment. Grief Theory Training will be provided at no cost by Calm Waters' in-house therapists.

[Apply Today](#)

## The Impact of Camp Courage, The Calm Waters Art Camp

Research has shown that when children have a



creative outlet during their grief journey, art helps them process negative emotions in a positive way. Our second annual Camp Courage, sponsored by Edmond Family Dental Designs and hosted at the Calm Waters headquarters, our 45 campers, ages 6 to 18, enjoyed three days of videography, photography, zentangle, abstract painting, mixed media, watercolor, fluid painting, dance, yoga, science experiments, tie-dye, Native chant, vocals and fiddle. Now, each child has a pool of experiences to draw from to choose a new hobby they may become passionate about!

### Camp Courage Pictures

Camp Courage is Calm Waters' free, annual 3-day art camp, held each July, for children who have experienced a significant loss due to death, divorce, deployment, deportation or incarceration. This camp is a safe and healing environment that allows children to express their feelings of loss and grief through art. Registration for Camp Courage 2020 will open in May 2020.



Calm Waters Center for Children and Families | 405-841-4800 | Calmwaters.org

Let's be friends!



[Questions or Feedback? We'd love to hear from you, contact us today!](#)

