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## **Calm Waters Center for Children and Families Announces Two New Board Members**

**Oklahoma City, OK, January 19** - Calm Waters Center for Children and Families, a nonprofit providing free grief support services to children and families on their grief journey in Oklahoma City Metro Area, recently announced two new members to the Board of Directors.

New board member Ashley Perkins, Vice President of Cox Business in Oklahoma, has served in multiple roles in the metro area community as a board member for American Red Cross of Central Oklahoma, United Way, Center for Non-Profit Management and Urban Development Authority. She is a graduate of Rotarian and Leadership Oklahoma City and Leadership Oklahoma. Ashley has been named to the Woman of the Year "50 Making a Difference" twice and received the "40 Under 40" award. She has received the Cox Winner's Circle and Torch award. Calm Waters is grateful to have such a bold and energetic member join the board.

"I enjoy serving on the Calm Waters board because it is exciting to see how far of a reach Calm Waters has in OKC and beyond, as well as the broad range of services that are available," said Perkins. "It is inspiring to see the passion that the staff has for what they do and I look forward to seeing the organization continue to help more people in our community."

Also joining the board is Brad Lemon, Senior Manager of Infrastructure and End User Services at Ascent Resources. Lemon serves his community by volunteering at local organizations and spearheading volunteer initiatives for the IT department at Ascent.

"We have a strong team at Calm Waters, led by an immensely talented slate of officers and board," said Erin Engelke, Calm Waters Executive Director. "We are pleased to welcome both Ashley and Brad as our newest board members and are excited to expand Calm Waters with their expertise and passion."

Additional board members are: Kendra Barnes (Chair), Arvest Bank; Paula Barrington, Bank of Oklahoma Financial; Catherine Divis, Blue Cross and Blue Shield of Oklahoma; Kimberly Engel, MidFirst Bank; Travis Hartfield, Oklahoma State University; Estela Hernandez, Office of Senator Lankford; Peter Hollifield, BKD Advisors; Dan Martel, Oklahoma City Community Foundation; Amanda Miller, University of Oklahoma Health Science Center; Rachel O'Connor, Paycom; Kevin Sonntag, Dale Rogers Training Center; Belinda Willis, Bank of Oklahoma Private Wealth.

The new board members began their terms in fall 2021 and will serve a three year term for the organization.

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### **About Calm Waters Center for Children and Families**

Calm Waters Center for Children and Families provides FREE grief support services for children and families on their grief journey caused by death, divorce or other significant loss. Since beginning in 1992, Calm Waters has served more than 50,000 individuals across the Greater OKC Metro Area through their Center and School Support Groups. For more information about Calm Waters and their services, visit [Calmwaters.org](http://Calmwaters.org) or call 405-841-4800. Calm Waters is a proud United Way of Central Oklahoma Partner Agency.