



Divorce Support Group A
Fall 2022
Time 6:30pm-7:30pm

Date	Topic
Thursday, January 19	The Divorce Journey
Thursday, February 2	The Grief in Divorce
Thursday, February 16	The New Reality
Thursday, March 2	Coping with Stress & Change
Thursday, March 16	Values & Identity
Thursday, March 30	Anger
Thursday, April 13	Co-Parenting & Living in Two Homes
Thursday, April 27	Communication & Conflict Resolution
Thursday, May 11	Self-Care & Support

****IF YOU HAVE NOT ALREADY PLEASE REGISTER BEFORE ATTENDING AT THE LINK BELOW**

After Registering, you will an email link to reserve your spot the week before each group meeting before attending.

Register at this link: <https://www.surveymonkey.com/r/M9FKCWS>



...helping children and families in their grief journey caused by death, divorce or other significant loss

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