Date Completed: ____________________ Client ID#__________________

INITIAL SERVICE CONSULTATION (MINOR)

BACKGROUND INFORMATION

CHILD:

First and Last Name: ____

DOB: _______________________ Sex: ☐ Male ☐ Female ☐ Other

Race: ________________________ Hispanic/Latino: ☐ YES ☐ NO

PARENT(S)/LEGAL GUARDIAN(S):

Parent/Guardian #1
First and Last Name: ____

DOB: _________________ Sex: ☐ Male ☐ Female ☐ Other Relation to Child: __________________________

Address: ____

City: ____ State: ___________ Zip: _________________

Phone: ____ E-mail____

Please check your employment status: ☐ Full-time ☐ Part-Time ☐ Unemployed ☐ Not in Labor Force

Please check your military status: ☐ None ☐ Active Duty ☐ Military Dependent
☐ Veteran – honorable discharge ☐ Veteran – dishonorable discharge

Parent/Guardian #2
First and Last Name: ____

DOB: _________________ Sex: ☐ Male ☐ Female ☐ Other Relation to Child: __________________________

Address: ____

City: ____ State: ___________ Zip: _________________

Phone: ____ E-mail____

Please check your employment status: ☐ Full-time ☐ Part-Time ☐ Unemployed ☐ Not in Labor Force

Please check your military status: ☐ None ☐ Active Duty ☐ Military Dependent
☐ Veteran – honorable discharge ☐ Veteran – dishonorable discharge

Is there a custody decree/legal guardianship in place?* ☐ YES ☐ NO

>If yes, who is responsible for medical/mental health decision making?

☐ Parent #1
☐ Parent #2
☐ Joint

*We will need copy of your custody decree/legal guardianship prior to scheduling counseling services.

Client ID#__________________

PRESENTING PROBLEM

Please write a couple of sentences concerning the reason for your request of services.

____

____

____

When did these problems start? ____

How intense are these problems? ____

How often are they a problem? ____

Has there been changes or difficulties in: ☐ Mood ☐ Sleep ☐ Appetite ☐ Concentration ☐ Substance Use ☐ Anger/Aggression ☐ Social withdrawal ☐ Anxiety

What other stressors are present? (e.g., poverty, court proceedings, DHS involvement, legal involvement, safety concerns)

____

____

____

Reminder…

Treatment Providers CANNOT:

- Go to court
- Provide opinions or recommendations to the court, GAL, DHS, or other entity
- Be investigative

Treatment Providers CAN:

- Communicate facts only to attorneys, GAL's or other entities ONLY WHEN an authorization to release confidential information is signed.

CURRENT LIVING SITUATION

Child lives (check one): ☐ With family ☐ Foster home ☐ Other: ______________________

OTHER CHILDREN LIVING IN THE HOME

Name: ________________________________ DOB: ________________ ☐ M ☐ F ☐ Other

Name: ________________________________ DOB: ________________ ☐ M ☐ F ☐ Other

Name: ________________________________ DOB: ________________ ☐ M ☐ F ☐ Other

Name: ________________________________ DOB: ________________ ☐ M ☐ F ☐ Other

OTHER ADULTS LIVING IN HOME

Name: ____ DOB: ______________________ ☐ M ☐ F ☐ Other

Relationship to Child: ________________________

Name: ____ DOB: ______________________ ☐ M ☐ F ☐ Other

Relationship to Child: ________________________

PHYSICAL/MENTAL HEALTH

Please list all current medications taken for physical or mental health: **If none, check here:** ☐

Medication	Strength & Dose	Duration	Reason

Mental Health
Please indicate any biological family history of mental health issues: **If none, check here:** ☐

☐ Post-Traumatic Stress Disorder (PTSD) – If yes, whom: _____________________________________

☐ Personality Disorder – If yes, whom: ____

☐ Schizophrenia – If yes, whom: ____

☐ Hallucinations (visual or auditory) – If yes, whom: ____

☐ Substance Abuse – If yes, whom: ____

☐ Addiction – If yes, whom: ____

☐ Depression Postpartum Depression – If yes, whom: ____

☐ Anxiety – If yes, whom: ____

☐ ADD/ADHD – If yes, whom: ____

☐ Bipolar Disorder – If yes, whom: ____

☐ Violence – If yes, whom: ____

☐ Other: ____

Was your child exposed to drugs/alcohol during pregnancy? ☐ YES ☐ NO

>If yes, please describe mother's use (e.x., what substance, how often):___________________________

____

Is your child currently or have you ever suspected that your child experiences hallucinations (auditory or visual)? ☐ YES ☐ NO

Has your child <u>ever</u> been diagnosed with a mental illness? ☐ YES ☐ NO

>If yes, please list: ____

>If yes, by whom: ____

Is your child <u>currently</u> receiving behavioral/mental health services elsewhere? ☐ YES ☐ NO

>If yes, please indicate:

Provider: ________________________________ Reason: ____

Has your child received behavioral/mental health services <u>in the past</u>? ☐ YES ☐ NO

>If yes, indicate:

When: ___________________________ Provider:____

Reason: ______________________________ Reason Ended: ______________________________________

Physical Health

Is your child <u>currently</u> under the care of a physician for medical problems/chronic illness? ☐ YES ☐ NO

>If yes, describe:____

Is your child currently smoking cigarettes, vaping, or use other tobacco products? ☐ YES ☐ NO

>If yes, please describe amount, frequency, and type:

____

>If yes, would you like treatment to reduce or eliminate the use of tobacco products? ☐ YES ☐ NO

Is your child drinking alcohol? ☐ YES ☐ NO

>If yes, please describe amount, frequency, and type:

____

>If yes, would you like treatment to reduce or eliminate their use of alcohol? ☐ YES ☐ NO

Is your child currently using other substances? ☐ YES ☐ NO

>If yes, please describe amount, frequency, and type:

____

>If yes, would you like treatment to reduce or eliminate your use of other substances? ☐ YES ☐ NO

EDUCATIONAL

What is your child's current grade? __________ Is he/she performing at grade level? ☐ YES ☐ NO

Has your child been diagnosed with an intellectual, development, learning or other disability? ☐ YES ☐ NO

>If yes, please indicate diagnosis: ____

Has your child ever received special education services? ☐ YES ☐ NO

>If yes, please indicate age and type: ____

____

Does your child currently have an IEP or 504 Plan? ☐ YES ☐ NO

>If yes, please describe. ____

____

In the past 60 days, how many days has your child been absent from school?___________________________

>What were the reasons for these absences?____

How would your child's teacher(s) describe your child? _____________________________________

____

What concerns do you have regarding your child's academic performance? ___________________________

____

SOCIAL

What are your child's hobbies? ____

Describe your child's social involvement (i.e., sports, boy/girl scouts): __________________________

____

How would you describe your child's social relationships? __________________________________

____

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What concerns do you have regarding your child's social development? _______________________________

____

TRAUMA/ADVERSE CHILDHOOD EXPERIENCES (ACES)

Please indicate whether your child has experienced any of the following at any point in life:

☐ YES ☐ NO Has your child ever had any adult in their life who would *often*:

Swear at your child, insult your child, put your child down or humiliate them?
OR
Act in a way that made your child afraid that they might be physically hurt?

☐ YES ☐ NO Has your child ever had any adult in their life who would *often*:

Push, grab, slap, or throw something at your child?
OR
Ever hit your child so hard that he/she had marks or were injured?

☐ YES ☐ NO Has your child ever had any adult or person 5 years older in their life who *ever*:

Touch or fondled him/her or have him/her touch their body in a sexual way?
OR
Tried to actually have oral, anal, or vaginal sex with him/her?

☐ YES ☐ NO Does your child *often* feel:

No one in the family loves him/her or thought he/she was important or special?
OR
Your family doesn't look out for each other, feel close to each other, or support each other?

☐ YES ☐ NO Does your child *often* feel that:

He/she doesn't have enough to eat, has to wear dirty clothes, and has no one to protect them?
OR

His/her parents were too drunk or high to take care of you or take you to the doctor if you needed it?

☐ YES ☐ NO Has your child's parents ever separated or divorced?

☐ YES ☐ NO Has your child's parent…

Often been pushed, grabbed, slapped, or had something thrown at him/her?
OR
Sometimes or *often* been kicked, bitten, hit with a fist or with something hard?
OR
Ever been repeatedly hit over at least a few minutes or threatened with a gun or knife?

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☐ YES ☐ NO Does your child currently or has your child ever lived with anyone who was a problem drinker, alcoholic, or who used street drugs?

☐ YES ☐ NO Was a household member depressed or mentally ill or did a household member attempt suicide?

☐ YES ☐ NO Did a household member ever go to prison?

Please share any other traumatic incidents your child has experienced:

____

____

____

____

____

RISK FACTORS

Self-Harm

Has your child ever expressed thoughts of self-harm (e.x. cutting, burning)? ☐ YES ☐ NO

>If yes, identify month & year of most recent thought(s): ____________________________________

Has your child ever engaged in self-harm? ☐ YES ☐ NO

>If yes, identify month & year of most recent act(s):______________________________________

Suicide

Has your child ever expressed thoughts of suicide? ☐ YES ☐ NO

>If yes, identify month & year of most recent thought(s): ____________________________________

Has your child ever attempted suicide? ☐ YES ☐ NO

>If yes, identify month & year of attempt(s):____

Homicide

Has your child ever expressed thoughts of homicide? ☐ YES ☐ NO

>If yes, identify month & year of most recent thought(s) and toward whom: _____________________

____

Has your child ever attempted homicide? ☐ YES ☐ NO

>If yes, identify month & year of attempt(s):____

Violence

Has your child ever been charged with a violent crime? ☐ YES ☐ NO

>If yes, please describe: ____

Running Away

Has your child ever ran away? ☐ YES ☐ NO

>If yes, how many times and when was the last time? ____

____

>If yes, what was the trigger? ____

____

STRENGTHS & SUPPORTS

What is your child good at? ____

____

What do you enjoy about your child? ____

____

____

Describe your child's support system: ____

____

____

Describe your family's faith or spirituality: ____

____

Is there any other information you feel is important for us to know? ____________________________________

____

____

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