

Date Completed: \_\_\_\_\_

Client ID# \_\_\_\_\_

### **INITIAL SERVICE CONSULTATION (MINOR)**

#### **BACKGROUND INFORMATION**

##### **CHILD:**

First and Last Name: \_\_\_\_\_

DOB: \_\_\_\_\_ Sex: ☐ Male ☐ Female ☐ Other

Race: \_\_\_\_\_ Hispanic/Latino: ☐ YES ☐ NO

##### **PARENT(S)/LEGAL GUARDIAN(S):**

###### *Parent/Guardian #1*

First and Last Name: \_\_\_\_\_

DOB: \_\_\_\_\_ Sex: ☐ Male ☐ Female ☐ Other Relation to Child: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail \_\_\_\_\_

Please check your employment status: ☐ Full-time ☐ Part-Time ☐ Unemployed ☐ Not in Labor Force

Please check your military status: ☐ None ☐ Active Duty ☐ Military Dependent  
☐ Veteran – honorable discharge ☐ Veteran – dishonorable discharge

###### *Parent/Guardian #2*

First and Last Name: \_\_\_\_\_

DOB: \_\_\_\_\_ Sex: ☐ Male ☐ Female ☐ Other Relation to Child: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail \_\_\_\_\_

Please check your employment status: ☐ Full-time ☐ Part-Time ☐ Unemployed ☐ Not in Labor Force

Please check your military status: ☐ None ☐ Active Duty ☐ Military Dependent  
☐ Veteran – honorable discharge ☐ Veteran – dishonorable discharge

Is there a custody decree/legal guardianship in place?\* ☐ YES ☐ NO

>If yes, who is responsible for medical/mental health decision making?

☐ Parent #1

☐ Parent #2

☐ Joint

\*We will need copy of your custody decree/legal guardianship prior to scheduling counseling services.

**PRESENTING PROBLEM**

Please write a couple of sentences concerning the reason for your request of services.

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When did these problems start? \_\_\_\_\_

How intense are these problems? \_\_\_\_\_

How often are they a problem? \_\_\_\_\_

Has there been changes or difficulties in: ☐ Mood ☐ Sleep ☐ Appetite ☐ Concentration ☐ Substance Use  
☐ Anger/Aggression ☐ Social withdrawal ☐ Anxiety

What other stressors are present? (e.g., poverty, court proceedings, DHS involvement, legal involvement, safety concerns)

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**Reminder...**

Treatment Providers CANNOT:

- Go to court
- Provide opinions or recommendations to the court, GAL, DHS, or other entity
- Be investigative

Treatment Providers CAN:

- Communicate facts only to attorneys, GAL's or other entities ONLY WHEN an authorization to release confidential information is signed.

**CURRENT LIVING SITUATION**

Child lives (check one): ☐ With family ☐ Foster home ☐ Other: \_\_\_\_\_

**OTHER CHILDREN LIVING IN THE HOME**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ ☐ M ☐ F ☐ Other

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ ☐ M ☐ F ☐ Other

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ ☐ M ☐ F ☐ Other

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ ☐ M ☐ F ☐ Other

## OTHER ADULTS LIVING IN HOME

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ ☐ M ☐ F ☐ Other

Relationship to Child: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ ☐ M ☐ F ☐ Other

Relationship to Child: \_\_\_\_\_

<b>PHYSICAL/MENTAL HEALTH</b>
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Please list all current medications taken for physical or mental health: **If none, check here:** ☐

Medication	Strength & Dose	Duration	Reason

**Mental Health**Please indicate any biological family history of mental health issues: **If none, check here:** ☐☐ Post-Traumatic Stress Disorder (PTSD) – If yes, whom: \_\_\_\_\_☐ Personality Disorder – If yes, whom: \_\_\_\_\_☐ Schizophrenia – If yes, whom: \_\_\_\_\_☐ Hallucinations (visual or auditory) – If yes, whom: \_\_\_\_\_☐ Substance Abuse – If yes, whom: \_\_\_\_\_☐ Addiction – If yes, whom: \_\_\_\_\_☐ Depression Postpartum Depression – If yes, whom: \_\_\_\_\_☐ Anxiety – If yes, whom: \_\_\_\_\_☐ ADD/ADHD – If yes, whom: \_\_\_\_\_☐ Bipolar Disorder – If yes, whom: \_\_\_\_\_☐ Violence – If yes, whom: \_\_\_\_\_☐ Other: \_\_\_\_\_

Was your child exposed to drugs/alcohol during pregnancy? ☐ YES ☐ NO

>If yes, please describe mother's use (e.x., what substance, how often): \_\_\_\_\_

\_\_\_\_\_

Is your child currently or have you ever suspected that your child experiences hallucinations (auditory or visual)? ☐ YES ☐ NO

Has your child ever been diagnosed with a mental illness? ☐ YES ☐ NO

>If yes, please list: \_\_\_\_\_

>If yes, by whom: \_\_\_\_\_

Is your child currently receiving behavioral/mental health services elsewhere? ☐ YES ☐ NO

>If yes, please indicate:

Provider: \_\_\_\_\_ Reason: \_\_\_\_\_

Has your child received behavioral/mental health services in the past? ☐ YES ☐ NO

>If yes, indicate:

When: \_\_\_\_\_ Provider: \_\_\_\_\_

Reason: \_\_\_\_\_ Reason Ended: \_\_\_\_\_

### Physical Health

Is your child currently under the care of a physician for medical problems/chronic illness? ☐ YES ☐ NO

>If yes, describe: \_\_\_\_\_

Is your child currently smoking cigarettes, vaping, or use other tobacco products? ☐ YES ☐ NO

>If yes, please describe amount, frequency, and type:

\_\_\_\_\_

>If yes, would you like treatment to reduce or eliminate the use of tobacco products? ☐ YES ☐ NO

Is your child drinking alcohol? ☐ YES ☐ NO

>If yes, please describe amount, frequency, and type:

\_\_\_\_\_

>If yes, would you like treatment to reduce or eliminate their use of alcohol? ☐ YES ☐ NO

Is your child currently using other substances? ☐ YES ☐ NO

>If yes, please describe amount, frequency, and type:

\_\_\_\_\_

>If yes, would you like treatment to reduce or eliminate your use of other substances? ☐ YES ☐ NO

### EDUCATIONAL

What is your child's current grade? \_\_\_\_\_ Is he/she performing at grade level? ☐ YES ☐ NO

Has your child been diagnosed with an intellectual, development, learning or other disability? ☐ YES ☐ NO

>If yes, please indicate diagnosis: \_\_\_\_\_

Has your child ever received special education services? ☐ YES ☐ NO

>If yes, please indicate age and type: \_\_\_\_\_

\_\_\_\_\_

Does your child currently have an IEP or 504 Plan? ☐ YES ☐ NO

>If yes, please describe. \_\_\_\_\_

\_\_\_\_\_

In the past 60 days, how many days has your child been absent from school? \_\_\_\_\_

>What were the reasons for these absences? \_\_\_\_\_

How would your child's teacher(s) describe your child? \_\_\_\_\_

\_\_\_\_\_

What concerns do you have regarding your child's academic performance? \_\_\_\_\_

\_\_\_\_\_

### SOCIAL

What are your child's hobbies? \_\_\_\_\_

Describe your child's social involvement (i.e., sports, boy/girl scouts): \_\_\_\_\_

\_\_\_\_\_

How would you describe your child's social relationships? \_\_\_\_\_

\_\_\_\_\_

What concerns do you have regarding your child's social development? \_\_\_\_\_

**TRAUMA/ADVERSE CHILDHOOD EXPERIENCES (ACES)**

**Please indicate whether your child has experienced any of the following at any point in life:**

☐ YES ☐ NO Has your child ever had any adult in their life who would *often*:

Swear at your child, insult your child, put your child down or humiliate them?

OR

Act in a way that made your child afraid that they might be physically hurt?

☐ YES ☐ NO Has your child ever had any adult in their life who would *often*:

Push, grab, slap, or throw something at your child?

OR

Ever hit your child so hard that he/she had marks or were injured?

☐ YES ☐ NO Has your child ever had any adult or person 5 years older in their life who *ever*:

Touch or fondled him/her or have him/her touch their body in a sexual way?

OR

Tried to actually have oral, anal, or vaginal sex with him/her?

☐ YES ☐ NO Does your child *often* feel:

No one in the family loves him/her or thought he/she was important or special?

OR

Your family doesn't look out for each other, feel close to each other, or support each other?

☐ YES ☐ NO Does your child *often* feel that:

He/she doesn't have enough to eat, has to wear dirty clothes, and has no one to protect them?

OR

His/her parents were too drunk or high to take care of you or take you to the doctor if you needed it?

☐ YES ☐ NO Has your child's parents ever separated or divorced?

☐ YES ☐ NO Has your child's parent...

*Often* been pushed, grabbed, slapped, or had something thrown at him/her?

OR

*Sometimes or often* been kicked, bitten, hit with a fist or with something hard?

OR

*Ever* been repeatedly hit over at least a few minutes or threatened with a gun or knife?

☐ YES ☐ NO Does your child currently or has your child ever lived with anyone who was a problem drinker, alcoholic, or who used street drugs?

☐ YES ☐ NO Was a household member depressed or mentally ill or did a household member attempt suicide?

☐ YES ☐ NO Did a household member ever go to prison?

**Please share any other traumatic incidents your child has experienced:**

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### RISK FACTORS

#### Self-Harm

Has your child ever expressed thoughts of self-harm (e.x. cutting, burning)? ☐ YES ☐ NO

>If yes, identify month & year of most recent thought(s): \_\_\_\_\_

Has your child ever engaged in self-harm? ☐ YES ☐ NO

>If yes, identify month & year of most recent act(s): \_\_\_\_\_

#### Suicide

Has your child ever expressed thoughts of suicide? ☐ YES ☐ NO

>If yes, identify month & year of most recent thought(s): \_\_\_\_\_

Has your child ever attempted suicide? ☐ YES ☐ NO

>If yes, identify month & year of attempt(s): \_\_\_\_\_

#### Homicide

Has your child ever expressed thoughts of homicide? ☐ YES ☐ NO

>If yes, identify month & year of most recent thought(s) and toward whom: \_\_\_\_\_

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Has your child ever attempted homicide? ☐ YES ☐ NO

>If yes, identify month & year of attempt(s): \_\_\_\_\_

**Violence**

Has your child ever been charged with a violent crime? ☐ YES ☐ NO

>If yes, please describe: \_\_\_\_\_

**Running Away**

Has your child ever ran away? ☐ YES ☐ NO

>If yes, how many times and when was the last time? \_\_\_\_\_

\_\_\_\_\_

>If yes, what was the trigger? \_\_\_\_\_

\_\_\_\_\_

**STRENGTHS & SUPPORTS**

What is your child good at? \_\_\_\_\_

\_\_\_\_\_

What do you enjoy about your child? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Describe your child's support system: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Describe your family's faith or spirituality: \_\_\_\_\_

\_\_\_\_\_

Is there any other information you feel is important for us to know? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_